

# NSW RACE WALKING CLUB

Check out the Website: [www.nswracewalkingclub.com](http://www.nswracewalkingclub.com)

Established 1911



## The RACEWALKER 27<sup>th</sup> May, 2023

Welcome to the New South Wales Race Walking Club Inc.

It is with great sadness that we have to advise you that one of our Life Members passed away during the past week. It was **Tony Vecellio** or "**Mr. V**" as he was often called. Tony was not only a life Member but also a Vice President, coach, administrator, our Race organiser and a great, enthusiastic person. Tony was the recipient of a **Blue 40 years Service Award** from the Australian Federation of Race Walking Clubs. He will be greatly missed. Sending love and best wishes to his wife **Judy**, his 4 children and grandchildren.

Our last Racewalker dated 13<sup>th</sup> May outlined all the necessary information for the **Nepean Open** which was conducted that afternoon, and on behalf of all our club members we would all like to say "Thank You" to Nepean club on the great trophies they presented to our winning walkers.

Last Sunday 21<sup>st</sup> May many members of our Race Walking club competed in the first Athletics NSW winter walks championships, the Short Walks, at the Newington Armory, Sydney Olympic Park. This was a course we had never competed on previously, but despite the wind, everyone seemed to enjoy the course. Congratulations to all who competed, and special congratulations to all who walked a pb or won a medal. Also a big thank you to our Committee who organised the BBQ and canteen and those who were officials on the morning.

Entries closed last Wednesday 24<sup>th</sup> May for the Lake Burley Griffin carnival (1<sup>st</sup> Federation event for 2023) at Mt. Stromlo **on Sunday 11<sup>th</sup> June** and our club has 81 members entered. Well done everyone. Like Little Athletics **we need parent helpers** to assist with this event in

Canberra. Firstly we need an **Age Manager for each Age race** eg 12 girls. That person makes sure that all the girls have their numbers on their walkers club singlet front and back and are wearing black pants above the knee, and that they all are present in the Call Room when their event is called. There is a list at our club table for volunteers on a first come, first served basis. Our club also has to supply **qualified walk judges, marshalls, timekeepers etc and other general volunteers**. There is also a list at the club table for these people's names. Numerous volunteers to keep this carnival running smoothly are needed and as our club has 81 competitors we are expected to assist.

Next Saturday 3<sup>rd</sup> June we will be able to advise further information regarding this event, eg Age Managers, where to meet, volunteer positions etc. There is **no Club competition on Saturday 10<sup>th</sup> June**.

**Sunday 25<sup>th</sup> June is the Athletics New South Wales Team Walks Championships at The Newington Armory.** A Walk team comprises 3 walkers who are all walking the same distance, are in the same age group and from the same Athletics NSW senior club. More Information is available on the ANSW website regarding entries and they close on Wednesday 21<sup>st</sup> June. There is no club competition on Saturday 24<sup>th</sup> June.

**Saturday 17<sup>th</sup> June** is club competition here at Chipping Norton.

## 13/05/23 CHIPPING NORTON - Kevin Stone Memorial Nepean Open

### LONG 10 KM

Place	Name		Finish Time	H'cap Time	H'c ap	Open
1	Jasmine	Dighton	52.24	-	-	-
2	Bridget	Bell	54.46	41.01	1	FF

### MEDIUM 8KM

Place	Name		Finish Time	H'cap Time	H'c ap	Open
1	Brendan	Pospischil	46.41	29.26	1	FM
INV	Ciara	Cassilles	45.31	-	-	-
INV	Laelia	Byatt	52.29	-	-	-

### SHORT 4KM

Place	Name		Finish Time	H'cap Time	H'c ap	Open
1	Joel	Byatt	20.01	-	-	-
2	Jessey	Bektas	24.17	16.14	3	FF
3	Aiden	Pospischil	24.37	16.17	4	FM
4	Erin	Cassilles	25.12	-	-	-
5	Laura	Corvalan Sotomayor	25.31	17.36	6	-
6	Nicolle	Challinor	33.16	16.35	5	3
7	Sarah	Challinor	36.46	15.59	1	1
7	Emily	Challinor	36.46	15.59	1	1
	Kailey	Webber	DNF	-	-	-

### U/14 3KM

Place	Name		Finish Time	H'cap Time	H'c ap	Open
1	Emma	Hoskins	17.39	14.07	7	FF
2	Lilly	Twigden	17.51	-	-	-
3	Ashleigh	Farrugia	18.00	12.51	2	2
4	Michael	Mathison	18.01	-	-	-
5	Madeline	Kot	18.10	13.25	5	-
6	Sienna	Wade	18.27	13.18	4	3
7	Patrick	Waddington	18.33	13.05	3	FM
8	Noah	Vella	18.49	14.43	8	-
9	Sagan	Jones	18.59	13.36	6	-
10	Summer	Hay	20.43	12.45	1	1
11	Maeve	Nolan	22.03	-	-	-

### U/12 2KM

Place	Name		Finish Time	H'cap Time	H'c ap	Open
1	Nate	Appleyard	10.24	9.11	8	FM
2	Joshua	Waddington	11.00	8.54	6	-
3	Ash	Mansell	11.15	8.52	5	FF
4	Hannah	Hewitt	11.25	9.16	10	-
5	Molly	Miller	11.28	8.46	3	3
6	Isla	Banks	11.50	9.26	12	-
7	Ivy	Murray	12.09	9.25	11	-
8	Scout	Linton	12.35	9.4	14	-
9	Mackenzie	Kitching	13.19	10.26	15	-
10	Lara	Penny	13.32	-	-	-
11	Matilda	Hay	13.38	9.04	7	-
12	Luca	Barakat	14.35	8.45	2	2
13	Chloe	Farrugia	14.55	8.49	4	-
14	Rose	Goska	15.13	9.14	9	-
15	Alexander	Dennett	15.19	6.48	1	1
16	Zoe	Zantiotis	17.28	9.29	13	-

### U/10 1KM

Place	Name		Finish Time	H'cap Time	H'c ap	Open
1	Stella	Wade	5.01	4.23	4	FF
2	Harrison	Bouquet	5.18	4.40	6	FM
3	Beth	Cochrane	5.41	4.19	3	3
4	Addison	Fahey	5.50	4.30	5	-
5	Addison	Jenkins	6.08	4.14	2	2
6	Antonia	Powter	6.39	-	-	-
7	Veronica	Dennett	6.43	4.49	8	-
8	Milana	Sorokin	7.07	4.01	1	1
9	Amelie	Barakat	7.58	4.41	7	-
10	Max	Miller	9.30	5.50	9	-

### U/16 3KM

Place	Name		Finish Time	H'cap Time	H'c ap	Open
1	Evie	Armstrong	16.19	13.14	6	FF
2	Christopher	Nilon	17.19	13.12	5	FM
3	Matilda	Olson	17.52	12.36	3	3
4	Olive	Gauci	19.55	12.30	2	2
5	Ruby	Bryan	20.14	12.12	1	1
6	Katherine	Farrugia	24.52	13.08	4	-

FF=Fastest Female

FM=Fastest Male