

NSW RACE WALKING CLUB

Check out the Website: www.nswracewalkingclub.com

Established 1911



The RACEWALKER 22nd April, 2023

Welcome to the New South Wales Race Walking Club Inc first RaceWalker for the 2023 Winter Season.

Last Saturday afternoon at **Chipping Norton** we had **34 walkers** join our club which was a great number as the majority of our younger walkers were competing at the Australian Championships in Brisbane

At our 2023 **Annual General Meeting** the following members were elected to our Committee:

President	Heather Mitchell
Senior Vice President	Richard Rutter
Vice Presidents	Jenny Lingley & Frank Overton
Secretary	Jenny Lingley
Minute Secretary	Maria McConville
Treasurer	acting – President
Records Officer	Kirsten Crocker
Publicity Officer	Kirsten Crocker
Competition Officer	Richard Rutter
Judges Convenor	Jennie Rutter
Awards Officer	Nicolle Challinor
Purchasing & Equipment	President
Club Captain	Jenny Lingley
Club patron	Maria McConville
PUBLICITY Committee	Jenny Lingley, Simone Zantiotis & Heather Mitchell
Delegate to Federation	Kirsten Crocker
HON. AUDITOR	Andrew Mitchell FCA

And we thank them all for volunteering. We also thank all our other officials who help out each Saturday afternoon.

Today all new families will receive a copy of our **2023 NSW RWC Winter Handbook** (April-June) which is also on our website for you to download. There is a typo in our Handbook on

page 13, sorry, the **Federation events are on Sunday 11th June** and there is no Sydney competition on Saturday 10th June.

This **Racewalker** is our weekly newsheet and will contain the previous week's results and news. It is FREE and when you register each

Saturday for your race you can collect your copy, or download it from our website.



Please check out our website www.nswracewalkingclub.com as well as join our Facebook page "NSW Racewalking Club Inc" which is a great place to keep in touch with what's happening, as well as ask the Committee questions via messenger.

Labelled Water Bottles

It is essential that all the walkers in Long and Medium divisions bring their own water in a labelled (name and competition no.) transparent bottle and place on the drinks table prior to the start of their race. This is the **ONLY** place walkers can collect water from during races of 5km or longer up to and including 10km.



Upcoming Events

Saturday May 13 at Chipping Norton is the **Kevin Stone Memorial Nepean Open**. This event is sponsored by **Nepean Athletics Club**. Trophies will be awarded for the Fastest Female and Fastest Male and 1st, 2nd and 3rd combined handicap winners in each division. To be eligible for these awards competitors must have successfully competed in their nominated division **on 2 prior**

occasions. Winners of a Fastest award cannot win a Handicap award. Just remember to wear your NSWRC uniform.

Sunday May 21 at the Newington Armory, Sydney Olympic Park our club is hosting the Athletics New South Wales Short Walks Championships. All information is on the Athletics NSW website.

Sunday 11th June at Mt. Stromlo, Canberra is the first Race Walking Federation event. As soon as we receive all the information from the host Club, ACT Racewalkers, our registration table helpers will be only too pleased to advise our members.

15/4/23 CHIPPING NORTON

MEDIUM 6 KM

1	Hannah	Mison	28.28
2	Brendan	Pospischil	36.19

SHORT 3 KM

1	Laura	Corvalan Sotomayor	19.32
2	Aidan	Pospischil	19.43
3	Nicolle	Challinor	24.50
4	Sarah	Challinor	29.27
4	Emily	Challinor	29.27

U/16 2 KM

1	Olive	Gauci	12.58
2	Alexander	Wenzel	13.37
3	Ruby	Bryan	17.02
4	Katherine	Farrugia	17.07

U/14 2 KM

1	Noah	Vella	11.56
2	Ashleigh	Farrugia	12.22
3	Madeline	Kot	13.04
4	Adya	Bhushan	13.43
5	Summer	Hay	14.53

U/12 1.5 KM

1	Nate	Appleyard	7.33
2	Molly	Miller	8.41
3	Isla	Banks	8.43
4	Caitlin	Allum	9.34
5	Mackenzie	Kitching	9.48
6	Ash	Mansell	10.06
7	Luca	Barakat	10.23
8	Teigan	Dummer	10.29
9	Matilda	Hay	10.38
10	Chloe	Farrugia	12.15
11	Zoe	Zantiotis	13.30
12	Alexander	Dennett	13.36

U/10 750m

1	Harrison	Bouquet	4.05
2	Addison	Fahey	4.19
3	Veronica	Dennett	5.08
4	Milana	Sorokin	5.28
5	Amelie	Barakat	5.32
6	Max	Miller	5.41