

Racewalker 23rd July, 2022

Thank you to all the 39 walkers who competed on 9th July at Chipping Norton in The Race Walking Australia Postal Challenge. This was when all the 10 walking clubs from around Australia competed at the same distances in each age group and we all forwarded our results to RWA and points will be allocated to the club with the fastest walkers and the winners shield will be presented at the 2nd Federation in Melbourne on 11th September.

As you are all aware Saturday 2nd July (Sutherland Open) was postponed because of the flooding of the Oatley track plus the continuous rain. The new date for **the Sutherland Open is Saturday 13th August** at Oatley. All eligibility criteria remains the same.

Today is the **Parramatta Little Athletics Open Day** where Parramatta Club will be presenting awards for fastest male and fastest female in each division plus awards for 1st, 2nd and 3rd place combined handicap winners in each division. Winners of a fastest award cannot win a handicap award. To be eligible for handicap and fastest awards on this Open Day, walkers must have competed in their nominated division on 3 prior occasions and be wearing our club uniform.

CONGRATULATIONS to our club member Carl Gibbons who has been selected by Athletics Australia to compete at the World Athletics Championships in Oregon, USA in the 35km Walk. Carl will be walking on Sunday 24th July at 6.15am with his other team member Victorian Rhydian Cowley. All the best Carl.

Also CONGRATULATIONS to our club member Allannah Pitcher on her selection by Athletics Australia to be a member of the U23 Tour to compete in London and Ireland in the European Athletics Championships.

Today, don't forget to collect the final section of this seasons Walkers Club programme. You will note that we have no club competition on Saturday 20th August as our club is hosting the Athletics NSW Long Walks Championships on Sunday 21st August here at Chipping Norton.

9/07/22 CHIPPING NORTON

LONG 10KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Elizabeth	McMillan	51.35	-	-
	Bridget	Bell	DNF	-	-

MEDIUM 10KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Sienna	Pitcher	55.08	-	-
2	Brendan	Pospischil	64.42	59.46	1
INV	Jack	Robson	64.05	-	-

SHORT 5KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Chelsea	Roberts	28.48	28.31	7
2	Ella	Munroe	30.26	28.01	6
2	Emma	Thomas	30.26	27.17	4
4	Aiden	Pospischil	34.43	27.49	5
5	Carmel	Parker	35.40	23.30	1
6	Amelia	Crocker	36.26	25.04	3
7	Nicolle	Challinor	40.46	23.58	2
	Isabelle	Nilon	DNF	-	-
INV	Ciara	Cassilles	29.17	-	-
INV	Antoinette	Woodward	34.44	-	-

U/16 4KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Sarah	Challinor	34.23	20.15	1
	Kane	Robson	DNF	-	-

U/14 3KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Sophie	Polkinghorne	16.37	16.37	4
2	Alexander	Braendle	17.30	17.14	5
3	Emma	Hoskins	17.46	15.57	3
4	Erin	Cassilles	17.48	15.52	2
5	Christopher	Nilon	18.30	17.51	6
6	Lilly	Twigden	19.40	14.23	1
	Ashleigh	Farrugia	DNF	-	-
INV	Michael	Mathieson	19.10	-	-
INV	Alexia	Mathieson	19.37	-	-

U/12 2KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Hannah	Hewitt	11.33	8.38	1
2	Gemma	Hunt	11.36	10.07	3
3	Patrick	Waddington	12.56	11.47	5
4	Molly	Miller	13.03	9.46	2
5	Tahlia	Chapman	15.17	10.51	4
6	Sagan	Jones	16.28	13.06	6

U/10 1.5KM

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Nate	Appleyard	7.53	7.53	1
2	Joshua	Waddington	8.29	8.02	3
3	Keira	Gill	9.09	8.01	2
4	Isla	Banks	10.10	8.06	4
5	Caitlin	Allum	10.25	8.55	7
6	Lara	Penney	10.41	8.46	6
7	Chloe	Farrugia	11.39	8.24	5