

# NSW RACE WALKING CLUB

Check out the Website: [www.nswracewalkingclub.com](http://www.nswracewalkingclub.com)

Established 1911



## The RACEWALKER 18<sup>th</sup> June, 2022

Welcome once again to Chipping Norton at our new venue, **Homestead Park**. We hope that once again everyone enjoys the new course.

**Last Sunday 12<sup>th</sup> June** we were enjoying the Federation competition in Canberra. It was great to see so many walkers wearing our Club Uniform in the Federation Events. Congratulations to all our walkers who tried their best and many succeeded in winning a trophy or a medal. Thank you to our managers, walk judges & other volunteers who assisted ACTRWC in conducting this event.

**Saturday 25<sup>th</sup> June** is our normal club competition @ Woy Woy. Hope we have many walkers in attendance at **Lions Park, North Burge Road, WOY WOY**.

**Saturday 2<sup>nd</sup> July** is our second **Open Day** for the season when the **Sutherland District Athletic Club** will be presenting awards for fastest male and fastest female in each division and for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place handicap winners in each division. Winners of a fastest award cannot win a handicap award. To be eligible for handicap and fastest awards on this Open Day, walkers must have competed in their nominated division on 3 prior occasions and be wearing our club uniform. This Open Day is being held at **Moore Reserve, Moreshead Drive, Oatley** (Hurstville Grove).

**Perpetual Trophy Policy** is that we will have the trophies engraved for you and we will return them to Canberra in 2023.

### Honours

The Club is very proud to announce that our President, **Heather Mitchell**, has been recognised for her services to athletics in the Queen's Birthday Honours List 2022, receiving an OAM.

Thank you so much: **Heather Mitchell, OAM!**

### Fun Run

The fun runs of 1km and 2km will be conducted this afternoon and if you are not a registered walker, the cost is \$2 payable at the club table.



### Labelled Water Bottles

It is essential that all the walkers in Long and Medium divisions bring their own water in a labelled (**Name & competition no.**) and suitable bottle and place on the drinks table prior to the start of their race. This is the **ONLY** place walkers can collect water from during races of 5km or longer up to and including 10km, that is water only.



## 4/06/22 CHIPPING NORTON

### LONG 8 Km

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Hannah	Bolton	41.46	-	-
2	Bridget	Bell	43.15	41.47	1
INV	Ciara	Cassilles	47.42	-	-

### MEDIUM 6 Km

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Brendan	Pospischil	33.03	26.18	1
2	Jasmine	Dighton	33.17	-	-

### SHORT 3 Km

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Darcy	Bell	15.25	-	-
2	Chelsea	Roberts	15.51	14.34	3
3	Ella	Munroe	16.46	15.28	6
4	Laelia	Byatt	17.23	-	-
5	Aiden	Pospischil	19.38	15.03	5
6	Isabelle	Nilon	20.23	14.45	4
7	Carmel	Parker	20.59	-	-
8	Amelia	Crocker	21.19	12.56	1
9	Nicolle	Challinor	22.28	13.07	2

### U/16 2 Km

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Joel	Byatt	10.31	-	-
2	Jessey	Bektas	11.57	9.24	1
3	Evie	Armstrong	12.08	-	-
		Reading			
4	Olive	Gauci	12.40	9.30	2

## NEPEAN OPEN DAY

Kevin Stone Memorial

### U/14 3 Km

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Sophie	Polkinghorne	16.45	16.05	2
2	Jessica	Loring	16.51	-	-
3	Alexander	Braendle	17.01	17.01	4
4	Christopher	Nilon	17.24	15.11	1
5	Matilda	Webb	17.40	-	-
6	Emma	Hoskins	18.39	17.37	6
7	Erin	Cassilles	18.41	16.08	3
8	Lilly	Twigden	22.02	17.02	5
9	Alannah	Webber	23.10	-	-
	Ashleigh	Farrugia	DNF	-	-

### U/12 2 Km

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Mitchell	McCarthy	11.35	-	-
2	Patrick	Waddington	12.44	10.27	1
3	Olivia	Loring	12.47	-	-
4	Gemma	Hunt	13.04	11.18	2
5	Maeve	Nolan	14.25	-	-
6	Hannah	Hewitt	14.30	-	-
7	Sagan	Jones	14.57	-	-
8	Annalee	Lemura	16.22	12.15	4
9	Tahlia	Chapman	16.35	12.14	3
10	Zoe	Zantiotis	16.54	-	-
11	Luca	Barakat	21.56	-	-
	Summer	Hay	DISQ	-	-

### U/10 1 Km

Place	Name		Finish Time	H'cap Time	H'cap Place
1	Nate	Appleyard	5.26	5.26	5
2	Joshua	Waddington	5.37	5.31	6
3	Keira	Gill	6.07	5.19	3
4	Lara	Penney	6.33	5.22	4
5	Isla	Banks	6.35	-	-
6	Matilda	Hay	6.51	4.07	1
7	Caitlin	Allum	7.29	6.34	7
8	Chloe	Farrugia	7.53	4.25	2
9	Amelie	Barakat	8.52	-	-