

NSW RACE WALKING CLUB

Check out the Website: www.nswracewalkingclub.com

Established 1911



The RACEWALKER 28th May, 2022

Welcome to the NSW Race Walking Club 2022 Winter Competition which started 7th May, 2022 and Welcome to our **NEW CHIPPING NORTON** course, please let us know any comments. The reason we have changed is because of the flooding of our course at Angle Park.

Today each family will receive a copy of our 2022 NSWRC Winter Handbook, which is also on our website for you to download.

This **Racewalker** is our weekly newsheet and will contain the previous week's results and news. It is FREE and when you register each Saturday for your race you can collect your copy, or download it from our website.



Please check out our website www.nswracewalkingclub.com as well as join our Facebook page "**NSW Racewalking Club Inc**" which is a great place to keep in touch with what's happening!

4th June is the first of our Open Days and this one is sponsored by **Nepean Athletics Club**. Trophies will be awarded for the Fastest Female and Fastest Male and 1st, 2nd and 3rd combined handicap winners in each division. **To be eligible for these awards** competitors must have successfully competed in their nominated division on 2 prior occasions. Winners of a

Fastest award cannot win a Handicap award. Just remember to wear your NSWRC uniform.

Upcoming Event

CANBERRA FEDERATION SUNDAY 12TH JUNE – Entries have now closed and our club has 70 walkers entered. Well done everyone. If there are any questions, please ask **Heather, the NSWRC President** at the Registration table.

Labelled Water Bottles

It is essential that all the walkers in Long and Medium divisions bring their own water in a labelled (Name & competition no.) and suitable bottle and place on the drinks table prior to the start of their race. This is the **ONLY** place walkers can collect water from during races of 5km or longer up to and including 10km, that is water only.



NSW Race Walking Club clothing SALE

We have quite a range of clothing with our club's logos, please come and see Kirsten/Simone at the Registration table any Saturday.

7/5/22 CHIPPING NORTON**LONG 8 KM**

1	Raven	Pyda	42.27
2	Bridget	Bell	43.55

MEDIUM 6 KM

1	Sienna	Pitcher	31.55
2	Brendan	Pospischil	38.40
3	Antoinette	Woodward	41.13
4	Anne	Weekes	46.41

SHORT 3 KM

1	Darcy	Bell	15.15
2	Ella	Munroe	16.33
3	Emma	Thomas	17.02
4	Aidan	Pospischil	19.50
5	Amelia	Crocker	23.38
6	Nicolle	Challinor	24.36
INV	Ciara	Cassilles	17.46

U/16 2 KM

1	Alexander	Sinnett	10.15
2	Jessey	Bektas	12.48
3	Olive	Gauci	13.25
4	Sarah	Challinor	17.02

U/14 2 KM

1	Matilda	Webb	10.54
2	Sophie	Polkinghorne	11.22
3	Emma	Hoskins	11.32
4	Christopher	Nilon	12.25
5	Ashleigh	Farrugia	12.27
6	Erin	Cassilles	13.17
7	Lilly	Twigden	14.31

U/12 1.5 KM

1	Gemma	Dixon	8.27
2	Ashleigh	Mansell	9.56
3	Gemma	Hunt	9.56
4	Patrick	Waddington	10.06
5	Michael	Mathieson	10.07
6	Talaigh	Chapman	11.23
7	Summer	Hay	11.46
8	Annalee	Lemura	12.17
9	Zoe	Zantiotis	14.24

U/10 750m

1	Nate	Appleyard	4.04
2	Joshua	Waddington	4.09
3	Keira	Gill	4.20
4	Caitlin	Allum	4.34
5	Lara	Penney	4.56
6	Matilda	Hay	5.24
7	Chloe	Farrugia	5.34

14/5/22 CHIPPING NORTON**LONG 10 KM**

1	Raven	Pyda	DNF
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MEDIUM 8 KM

1	Brendan	Pospischil	49.48
2	Antoinette	Woodward	55.32
3	Anne	Weekes	63.10

SHORT 4 KM

1	Jack	Robson	22.34
2	Ella	Munroe	23.23
3	Laelia	Byatt	24.14
4	Emma	Thomas	24.36
5	Aiden	Pospischil	27.40
6	Carmel	Parker	29.36
7	Isabelle	Nilon	29.49
8	Amelia	Crocker	31.40
9	Nicolle	Challinor	32.38
	Chelsea	Roberts	DNF

U/16 3 KM

1	Joel	Byatt	16.45
2	Jessey	Bektas	20.13
3	Olive	Gauci	20.40
4	Abbey	Bektas	22.59
5	Sarah	Challinor	24.02
6	Maddison	Kernaghan	24.20
	Kane	Robson	DNF

U/14 3 KM

1	Alexander	Braendle	17.32
2	Lily	Horne	17.37
3	Jessica	Loring	17.59
4	Sophie	Polkinghorne	18.12
5	Ruby	Kernaghan	18.15
6	Emma	Hoskins	18.34
7	Jaxson	Horton	19.02
8	Christopher	Nilon	19.45
9	Erin	Cassilles	20.05
10	Ashleigh	Farrugia	21.37
11	Lilly	Twigden	22.32
12	Brayden	Thompson	26.49
INV	Aiden	Kirk	20.39
INV	Michael	Mathieson	22.08

U/12 2 KM

1	Gemma	Dixon	11.40
2	Olivia	Loring	13.06
3	Gemma	Hunt	13.26
4	Ashleigh	Mansell	13.46
5	Molly	Miller	14.52
6	Annalee	Lemura	15.47
7	Tahlia	Chapman	16.01
8	Summer	Hay	16.02
9	Luca	Barakat	22.04
INV	Elise	Kirk	17.56

U/10 1 KM

1	Nate	Appleyard	5.17
2	Keira	Gill	6.05
3	Caitlin	Allum	6.12
4	Lara	Penney	6.28
5	Matilda	Hay	8.01
6	Amelie	Barakat	8.33
7	Chloe	Farrugia	8.45
8	Olivia	Thompson	10.07