

# NSW RACE WALKING CLUB

Check out the Website: [www.nswracewalkingclub.com](http://www.nswracewalkingclub.com)

Established 1911



## The RACEWALKER 27<sup>th</sup> August, 2022

Welcome to our Club Championships here at Homestead Park, Chipping Norton today.

### Club Championship Qualifications

To be eligible to compete in the Club Championships, competitors must have competed in their nominated division in a combined total of 50% of Events, including Open Days and June Canberra Federation from the start of the season.

State Championships do not count towards qualification.

Trophies 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> for Male & Female Fastest in each division, medals 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> for Combined Handicap winners in each division. Winners of a Fastest trophy cannot win a Handicap medal.

If you do not qualify for our Club Championships you can still come along and walk but cannot win a trophy or medal.

**Sunday 28<sup>th</sup> August - 2022 Australian Winter Walks Championships** - Entries close online tomorrow - 28<sup>th</sup> August at 17:00 sharp.

<https://www.athletics.com.au/events/141367/>

All questions please ring Athletics NSW.

**Saturday 3<sup>rd</sup> September** - End of season Presentation commencing 1.30pm with a sausage sizzle and then the presentation of trophies.

**Sunday 11<sup>th</sup> September** is the 2<sup>nd</sup> Federation event and Athletics Australia Championships held in Middle Park, Melbourne. This is the 2<sup>nd</sup> part of our 2 Federation events each season, the other one was in Canberra in June. All entry information, timetable, map etc is on the Athletics Australia website. Entries opened on 1<sup>st</sup> August and will close on 28<sup>th</sup> August at

5pm. Our Walkers Club is making up teams, so when you enter could you please advise us. There are Federation team medals awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> winning teams and Handicap awards in each event except Under 10 as it is not a Federation event. This U/10 event is taking entries on the day.

### Lake Burley Griffin Federation perpetual trophies

Our club would appreciate if any one who won a perpetual trophy listed below in Canberra if it can be returned to us by the end of the season so we can have it engraved and stored away until 2223 LBG.

**Open Women 15km** – winner Hannah Mison

**Open Men 15km** – Winner Jack McGinnisken

**Under 12 boys 2km** – winner - Callum Martin

**Under 12 boys 2km team** – C Martin, M. McCarthy, P.Waddington

**Under 12 girls 2km team** – G.Dixon, E. Cassillies, E. Hoskins

**Under 14 boys 2km winner** – Callum Martin

**Under 14 boys 2km team** – C Martin, A Braendle, C.Nilon

**Under 14 girls 2km team** – S. Polkinghorne, M.Webb, L Horne

**Under 16 girls 3km team** – S.Pitcher, C.Cassillies, S.Torrens

**Under 18 girls 5km team** – C.Roberts, E Thomas, C Cassillies

### Competition Numbers

Could anyone with long hair be able to either tie it up so it doesn't cover your back competition number during the race or alternatively place your numbers lower on your shirt.

## 13/08/22 OATLEY SUTHERLAND ATHLETICS OPEN

### LONG 12KM

Place	Name		Finish Time	H'cap Time	H'cap Place	Suth Open
1	Elizabeth	McMillan	64.12	62.36	1	FG

### MEDIUM 10KM

Place	Name		Finish Time	H'cap Time	H'cap Place	Suth Open
1	Jasmine	Dighton	55.28	50.49	1	-
2	Brendan	Pospischil	60.07	54.28	2	FB

### SHORT 5KM

Place	Name		Finish Time	H'cap Time	H'cap Place	Suth Open
1	Chelsea	Roberts	27.54	27.37	5	FG
2	Emma	Thomas	28.16	26.51	3	2
3	Laelia	Byatt	31.15	27.38	6	4
4	Aiden	Pospischil	33.37	26.43	2	FB
5	Amelia	Crocker	34.33	25.38	1	1
6	Nicolle	Challinor	36.44	27.23	4	3
INV	Antoinette	Woodward	35.07	-	-	-

### U/16 4KM

Place	Name		Finish Time	H'cap Time	H'cap Place	Suth Open
1	Jessey	Bektas	25.52	22.22	3	FG
2	Abbey	Bektas	26.04	22.03	2	2
3	Sarah	Challinor	31.38	21.19	1	1
	Joel	Byatt	DNF	-	-	-

### U/14 3KM

Place	Name		Finish Time	H'cap Time	H'cap Place	Suth Open
1	Sophie	Polkinghorne	16.13	16.13	3	FG
2	Jessica	Loring	16.14	16.00	1	1
3	Alexander	Braendle	16.59	16.35	4	FB
4	Jaxson	Horton	17.04	-	-	-
5	Matilda	Webb	17.11	16.08	2	2
6	Emma	Hoskins	18.50	17.41	5	3
7	Christopher	Nilon	18.51	18.04	6	4

### U/12 2KM

Place	Name		Finish Time	H'cap Time	H'cap Place	Suth Open
1	Gemma	Hunt	12.13	12.10	4	FG
2	Molly	Miller	12.30	11.00	2	2
3	Olivia	Loring	13.29	12.15	5	4
4	Summer	Hay	15.04	10.35	1	1
5	Patrick	Waddington	15.13	14.02	6	FB
6	Zoe	Zantiotis	17.18	11.57	3	3

### U/10 1.5KM

Place	Name		Finish Time	H'cap Time	H'cap Place	Suth Open
1	Nate	Appleyard	8.05	8.05	3	FB
2	Joshua	Waddington	8.48	8.12	4	2
3	Isla	Banks	10.03	7.46	2	FG
4	Matilda	Hay	10.14	7.34	1	1
5	Caitlin	Allum	11.34	9.02	5	3